

Reminder Card - Get Tested and Vaccinated for Hepatitis B!



Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

___/___/___

2nd Dose Date:

___/___/___

3rd Dose Date:

___/___/___



DOH 420-437 October 2022

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Carte ya rappel -Salisa Tesite pe zwa mangwele ya Hepatite B!



Omibatela yomoko elongo na bandeko nayo ya bolingo.

Hepatitis B ezali virusi oyo ebendaka kokoso na foie, cancer, pe liwa. Bato mingi bazali kobela kokoso yango bayebaka te ete bazali na virusi yango.

Nkisi ezali te kasi mangwele ezali ya kimia pe ekoki kobatela moto abela hepatitis B te. Esengeli okokisa badose mibale to misato na molongo po obatelama.

Boyebi liboso pasi eya, pe bozwi lisalisi ya dokotolo eza ntina penza po owumela pe ozala na bomoi ya santé. Zwa tesite pe soki oza na libaku mabe, zwa mangwele.



Tondisa badati nayo ya mangwele ya hepatitis B:

Dati ya dose ya 1:

__/__/__

Dati ya dose ya 2:

__/__/__

Dati ya dose ya 3:

__/__/__

DOH 420-437 October 2022 Lingala

Mpona kosenga mokanda oyo na format mosusu benga, 1-800-525-0127. Bakiliya oyo bakufa matoi to oyo bayokaka na mpasi, bobenga 711 (Washington Relay) to bokoma na email civil.rights@doh.wa.gov.

