



Adults in Long-Term Care Settings

1. Build Trust 2. Empower Health Care Personnel 3. Engage Communities and Individuals

Respiratory Vaccines, Prevention, and Misinformation

- Most deaths from COVID-19 are in adults 65 years of age and over, according to the Centers for Disease Control and Prevention (CDC) data.
- Safe and effective vaccines have protected people and communities for over 100 years.
- Vaccines are tested, safety monitored, and tracked.
- With vaccines, prevention means you'll be less likely to get sick if exposed. It also means that if you get sick, you are less likely to have severe complications, need a hospital, or die. Vaccine benefits greatly outweigh any risks.
- CDC recommends flu and COVID-19 vaccine for all adults, and a respiratory syncytial virus (RSV) vaccine for all over the age of 75. RSV vaccine is also recommended for those 60-74 years who are at increased risk.

Waning Immunity, Viral Mutation, and Updated Formulas

- The protection from some vaccines can decrease over time.
- Viruses, like COVID-19 and flu, may change or mutate while passing from one person to another. When this happens, a vaccine may not protect us as well. So, vaccines get updated. It's important to stay up to date with the most current vaccine.
- Vaccinated people make shared spaces safer for others across the community.

Vaccine Questions, Concerns, and Attitudes

- Questions about vaccine are very common. Using science to answer vaccine questions can change attitudes. Understanding and accepting vaccines can grow as our knowledge increases. Learning more can ease concerns.
- Common concerns include fear of needles, side effects, and vaccine ingredients. Many people have mistrust of the government and healthcare workers as well.
- Getting accurate information from a trusted source can improve confidence. Ask your clinician or a trusted health care worker about your vaccine concerns.
- Have conversations by asking questions and learning why others chose to get vaccinated.
- Learn to overcome vaccine barriers using the [LTC Respiratory Immunization Award Barriers & Solutions](#) list.
- Still have questions? Get answers at letstalkshots.com. This tool allows you to easily find answers based on your concerns.