

HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2014

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The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, MMP interviewed 1,303 HIV-positive adults receiving care in Washington. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this factsheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of HIV-Positive Adults in Care in Washington, 2009-2014

- 86% were male and 13% were female
- 74% were men who have sex with men*
- 14% were black/African-American, 11% were Hispanic or Latino, and 66% were white
- 18% had been diagnosed with HIV less than 5 years at the time of their interview
- 48% had private insurance, 43% had public insurance only, and 5% had Ryan White coverage only
- 32% had a household income at or below the poverty line
- 11% experienced homelessness

*Estimate is for 2009-2013 only

HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2014*

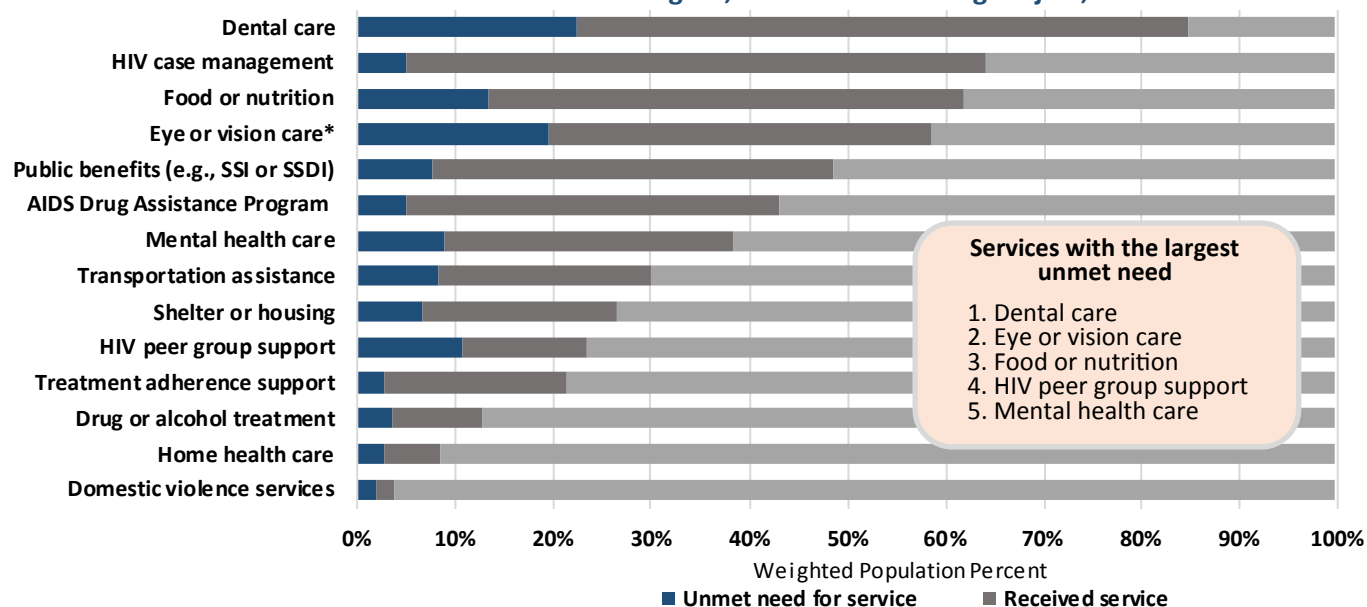
Characteristic	Prescription of ART ^{1,2} (%)	ART Dose Adherence ^{3,4} (%)	Sustained Viral Suppression ^{2,5} (%)	Receipt of Condoms ^{3,6} (%)	HIV Prevention Counseling ^{3,7} (%)
Total	93	88	75	52	34
Age					
18-29 years	88	83	52	51	51
30-39 years	89	85	67	67	43
40-49 years	93	89	73	53	35
≥50 years	95	89	83	46	27
Gender					
Male	93	89	75	55	34
Female	93	88	73	33	34
Race/Ethnicity					
Black/African-American	89	83	66	50	47
Hispanic/Latino	93	85	68	70	48
White	94	91	78	49	28
Insurance					
Any Private Insurance	94	92	81	46	31
Public Insurance Only	95	84	71	57	36
Ryan White Coverage Only	86	90	60	55	42
Sexual Behavior⁸					
MSM ⁹	92	89	74	56	32
MSW ¹⁰	93	92	72	50	37
WSM ¹¹	92	91	71	31	29

*All data are from the past 12 months unless specified otherwise; ¹Antiretroviral therapy; ²As documented in the medical record; ³Self-reported; ⁴Past three days;

⁵All viral loads in past 12 months undetectable or <200 copies/ml; ⁶Received free condoms, not counting those given by a friend, relative, or sex partner;

⁷Given by a healthcare provider; ⁸Estimates are for 2009-2013 only; ⁹Men who have sex with men; ¹⁰Men who have sex with women only; ¹¹Women who have sex with men

Met and Unmet Needs for Services among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009 – 2014

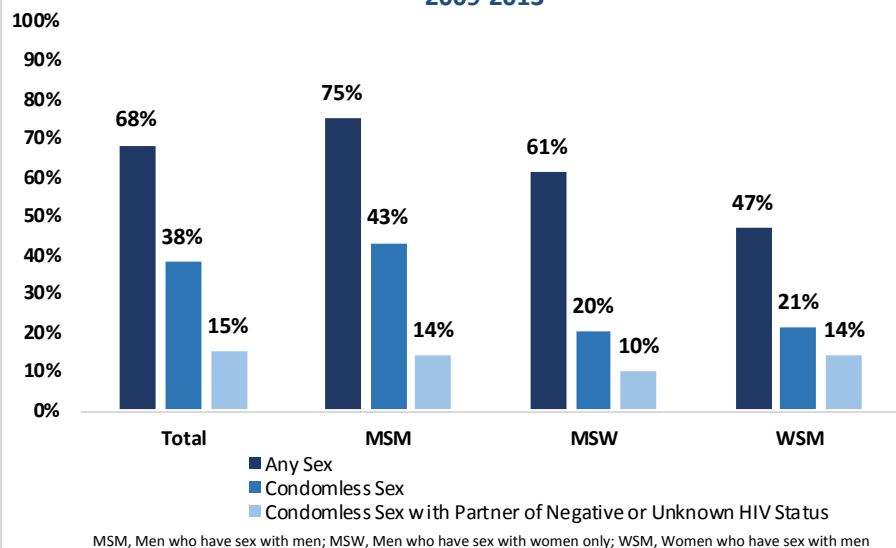


*Eye or vision care data only available in 2013 and 2014

Abbreviations: SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

Behavioral and Clinical Characteristics

Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2013



Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf

Substance Use¹

- 38% were current smokers
- 17% engaged in binge drinking²
- 8% used injection drugs³

¹Self-reported

²Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

³Past 12 months

STD Testing Among Sexually Active Persons in the Past 12 Months

- 50% were tested for syphilis
- 28% were tested for gonorrhea
- 28% were tested for chlamydia

Influenza Vaccination in the Past 12 Months

- 83% received an influenza vaccine

Questions? Contact us:

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<http://www.cdc.gov/hiv/statistics/systems/mmp/>

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